

VCSE Health Improvement Fund

Distribution report: March 2024

VCSE Health Improvement Fund forms part of the broader Cornwall & Isles of Scilly Integrated Care Board (ICB) funding, which is led & managed by Cornwall Voluntary Sector Forum and distributed by Cornwall Community Foundation. The overarching principle of this fund is to enable VCSE organisations to sustain, maintain and enhance their services to improve health and wellbeing outcomes for people and communities in Cornwall, evidencing its collective potential to reduce health inequalities.

In March 2024, 68 grants were awarded totalling £645,000, ranging from £1,000 – £25,000. This will support a wide range of community-based organisations who are best placed to improve the health and wellbeing of local communities, reaching across Cornwall and the Isles of Scilly. This includes areas of multiple deprivation who are increasingly in need of outreach and support.



29,957
predicted
beneficiaries



68
projects supported



£9,485
average grant size



54%
projects support adults
(26-65yrs)



52%
are living in
poverty/
disadvantage



24%
projects cover all
areas in Cornwall

"Thank you very much for this wonderful news - it gives us just the help and hope we need at a time when, as anticipated, we are beginning to struggle with holding it all together without a single paid worker. You've given us the chance to transform the way we work. We are extremely grateful" Matthew Thomson, Pendennis Leisure CIO, awarded £17,000



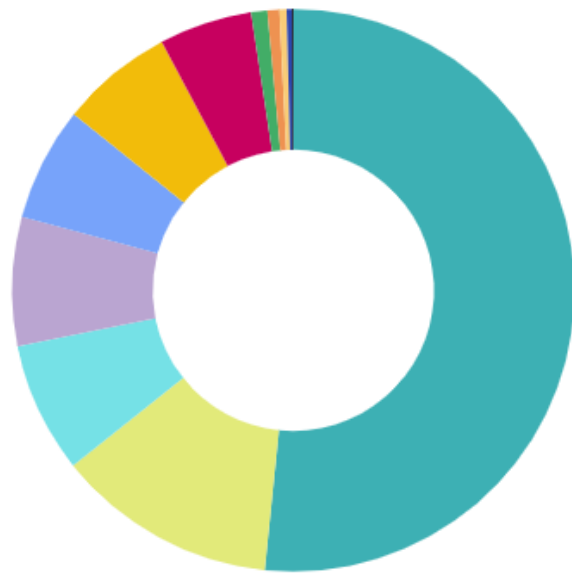
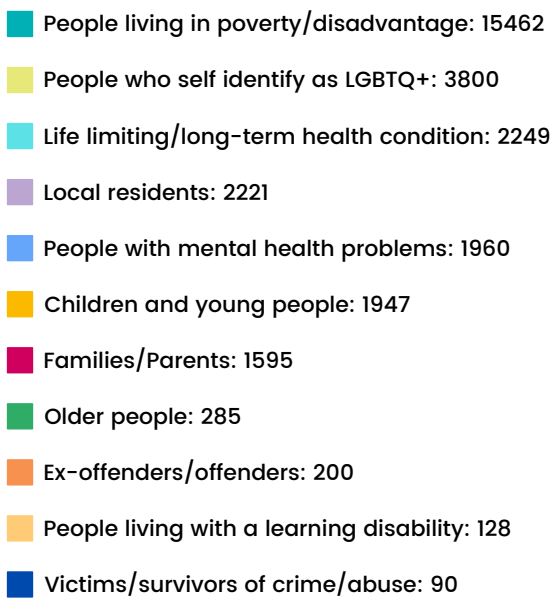
Cornwall Community Foundation

1 Sheers Barton, Lawhitton, Launceston, PL15 9NJ

Registered Charity: 1099977

Beneficiaries

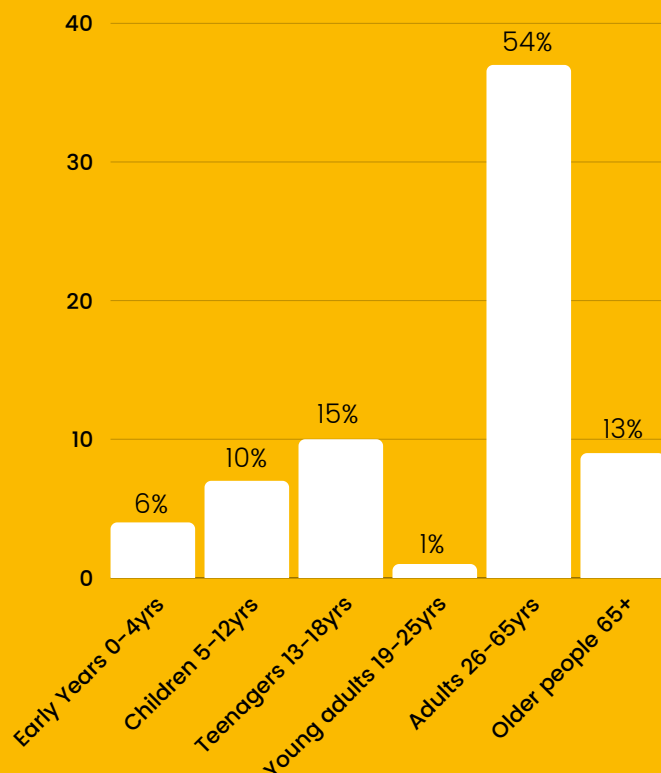
The funding will support 29,957 people, representing a wide range of beneficiaries in Cornwall. The largest primary beneficiary group is people living in poverty and disadvantage (52%), served by 10 far-reaching projects. 13% of beneficiaries identify as LGBTQ+, who will be supported by Cornwall Pride's Penguin Soup & Signposting Hub to improve mental health and wellbeing outcomes across this community. 8% of beneficiaries have a long-term health or life limiting condition, supported by 7 different projects. Further beneficiary groups are demonstrated in the chart below.



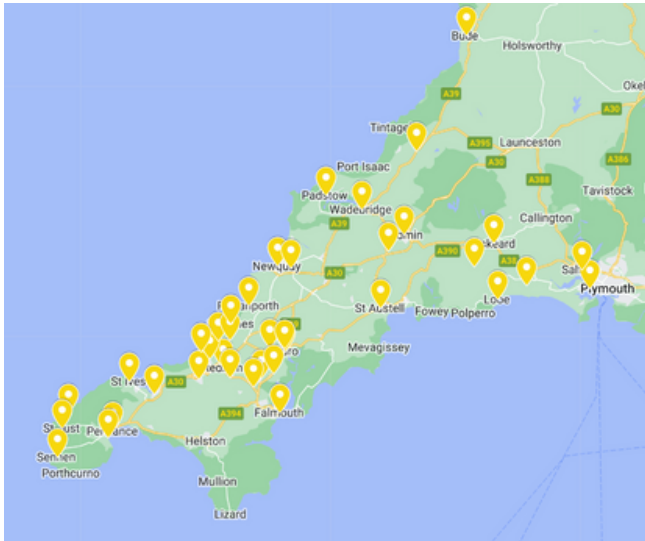
Age group

Projects will support all age groups, with adults (26-65yrs) representing the largest beneficiary group (54% of projects).

The least represented age group is young adults aged 19-25yrs, who were under represented in applications to the fund, despite high rates of mental health challenges across this age group.



Geographic spread



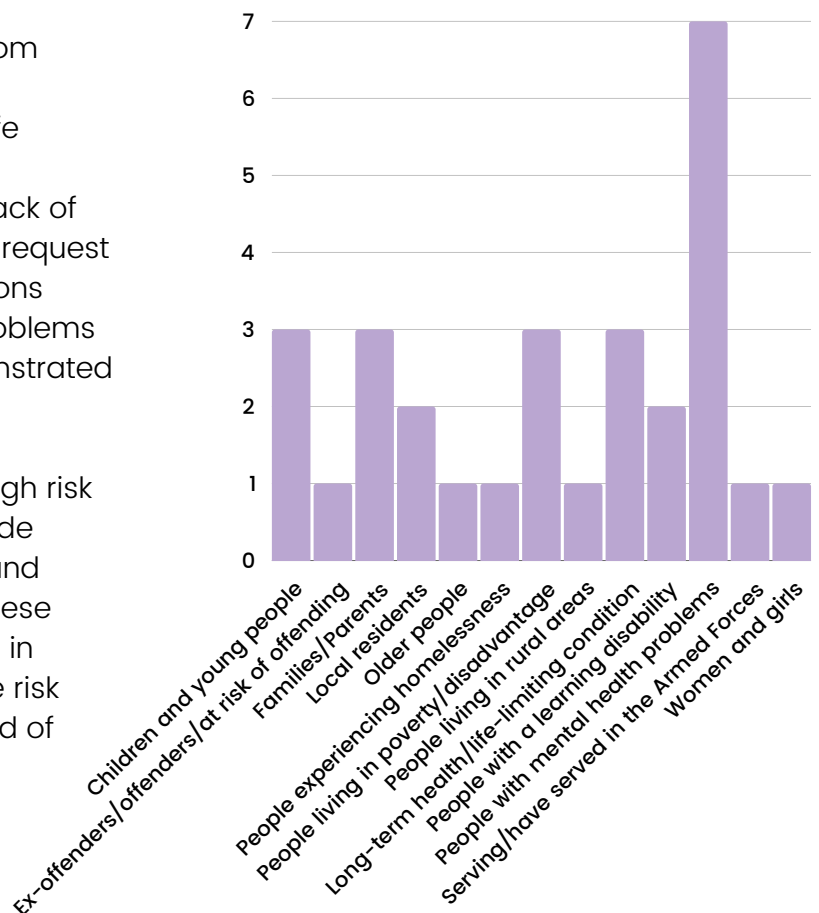
Projects were supported across Cornwall and the Isles of Scilly, with 24% of projects supporting clients across the whole county. This map demonstrates funded project locations.

Priority was given to groups supporting those in areas of multiple deprivation. The highest served areas by HIF includes Camborne (21% of projects), Redruth (19%), Penzance (10%), St Austell (10%) and Falmouth (10%).

Additional need

The Health Improvement Fund was heavily oversubscribed with 111 applications totaling £1,377,640. We were able to secure an additional £8,600 in match funding from private donors, to further support True Butterflies Foundation and Cornwall Life Recycle. We received 29 high-quality proposals were unsuccessful due to lack of available resources, with a combined request of £402,200. 24% of rejected applications support people with mental health problems as their primary beneficiary, as demonstrated in the table opposite.

Other under-represented groups at high risk of experiencing health inequality include Gypsy, Roma, Traveller communities and asylum seekers/refugees. Although these communities are small (but growing) in number in Cornwall, this intensifies the risk due to potential isolation and likelihood of discrimination. We aim to seek more applications focusing on this in future rounds, with targeted outreach to relevant community groups.



Reflection and learning

We are delighted to see 68 impactful projects across Cornwall receive funding thanks to the Health Improvement Fund. This is a great result for Cornwall, and we look forward to reporting back on the interventions delivered across the county to reduce health inequality and improve health and wellbeing outcomes.

Our learnings and reflections for distributing funding on this scale include:

- The sheer volume of high quality applications demonstrates the higher levels of need and demand than we had anticipated. The sector is often best placed to deliver community-based health and wellbeing interventions and achieve real impact for our most marginalised communities, however it is drastically under funded to deliver on this potential. If we were able to unlock further funding, we have 29 quality projects ready to support 10,095 people from across the county.
- We received less applications from specialised groups in North East Cornwall and the Lizard, meaning these areas are currently not served by the fund. We would seek to ensure that any future rounds would include more targeted community outreach in areas such as Launceston and Helston to ensure these areas are included.
- We would refine the application criteria to better target under-represented beneficiary groups and marginalised communities who are more likely to experience health inequalities, such as young people, LGBTQ+ communities and refugee/asylum seekers. This would also be supported by targeted community outreach, as well as aligning with CCF's Welcome Fund which supports asylum seekers and refugees locally.
- We would seek to deliver funding in smaller rounds to stagger assessments and decision making. This could include separating small/grassroots groups and larger infrastructure organisations to provide more structured decision making across these groups. This would also enable us to engage more diverse community members as panel volunteers, as the assessment workload would be greatly reduced and more manageable for those with limited time to offer.



Thank you!

We are so proud to continue working in partnership with Integrated Care Board and Voluntary Sector Forum to deliver this valuable fund for communities across Cornwall and Isles of Scilly. If we can offer further information, please get in touch with Sophie Griffiths, Fund Development Manager, sophie.griffiths@cornwallfoundation.com



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Health Improvement Fund Awards

Grantee	Amount awarded	Primary Beneficiary	Primary Age Group	Project Area
Cornwall Neighbourhoods for Change	£25,000	Local residents	Adults (26-65 years)	St Austell
Arts Well	£25,000	People living with mental health problems	Adults (26-65 years)	Camborne, Redruth, Hayle, St Austell Bodmin, Newquay, Liskeard Falmouth Launceston, Deviock,
Falmouth Food Co-op CIC	£24,000	People living with mental health problems	Adults (26-65 years)	Falmouth & Penryn
Citizens Advice Cornwall	£20,000	People living in poverty/disadvantage	Adults (26-65 years)	Cornwall and the Isles of Scilly
Cornwall Pride	£19,000	People who self-identify as LGBTQ+	Adults (26-65 years)	Cornwall-wide
Pendennis Leisure CIO	£17,000	Local residents	Adults (26-65 years)	Falmouth & Penryn
The Hugs Foundation	£14,000	Children and young people	Teenagers (13-18 years)	Based in Bodmin and covering all of Cornwall
Lanner Village Hall	£12,900	People living in rural areas	Adults (26-65 years)	Lanner near Redruth
Whole Again Communities CIC	£12,000	People living in poverty/disadvantage	Adults (26-65 years)	Penzance East, Town and surrounding areas
Goonown Growers CIC	£12,000	People living with mental health problems	Adults (26-65 years)	Redruth, Cambourne, St Agnes, Porthtowan, Perranporth
FOWLC Community Interest Company	£12,000	People living with a long-term health or life-limiting condition	Older People (66+ years)	Wadebridge, Padstow and parishes within the north Cornwall coast area
Community Roots Cornwall	£11,000	Local residents	Older People (66+ years)	Porthtowan, Mount Hawke, Illogan, Portreath
True Butterflies Foundation	£10,000	Victims or survivors of crime/violence/abuse	Adults (26-65 years)	Cornwall-wide
IgniteYou CIC	£10,000	People living with learning disabilities	Adults (26-65 years)	Camborne
Babygro	£10,000	Families/parents	Early Years (0-4 years)	Falmouth and surrounding areas
Cornwall Mind	£10,000	People living with mental health problems	Adults (26-65 years)	Cornwall-wide
Stride Cornwall	£10,000	Children and young people	Teenagers (13-18 years)	Cornwall & Dartmoor
Choose Nature CIC	£10,000	Children and young people	Children (5-12 years)	St Austell, Bodmin, 'Clay Areas' (including St Dennis, Bugle, Nanpean, Stenalees, Penwithick).
IMAGINE IF PARTNERSHIP LTD	£10,000	People living with a long-term health or life-limiting condition	Adults (26-65 years)	Camborne, Pool, Truro, Troon, Perranporth, Perranwell, Carnon Downs, Ponsanooth



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Regenerative Food and Farming (Cornwall Gleaning Network)	£10,000	People living in poverty/disadvantage	Adults (26-65 years)	Cornwall-wide
The Drop in and Share Centre (DISC) Newquay	£10,000	People living in poverty/disadvantage	Adults (26-65 years)	Newquay
Music for Good	£10,000	People living with a long-term health or life-limiting condition	Adults (26-65 years)	St Austell, Liskeard, Camborne, Redruth, Pool and Illogan
The Dracaena Centre	£10,000	Local residents	Teenagers (13-18 years)	Falmouth, Penryn and surrounding rural hinterland
Urban Biodiversity CIC	£10,000	Families/parents	Teenagers (13-18 years)	Newquay
Bodmin Way	£10,000	People living in poverty/disadvantage	Adults (26-65 years)	Bodmin
RJ Working	£10,000	Children and young people	Children (5-12 years)	CPR, Penzance & Newlyn, St Austell, Bodmin, Liskeard, Falmouth. Truro, Camelford, The ClayCountry areas
4Motion CIC	£10,000	Children and young people	Teenagers (13-18 years)	Newquay
The Pearl Exchange	£10,000	People living with mental health problems	Adults (26-65 years)	Bude
Disability Cornwall	£10,000	Children and young people	Children (5-12 years)	Cornwall-wide
Cornwall Refuge Trust	£10,000	Victims or survivors of crime/violence/abuse	Adults (26-65 years)	Cornwall-wide
Plymouth Argyle Football in the Community Trust	£10,000	Local residents	Adults (26-65 years)	Camborne, Redruth, Pool and Illogan
Home Start Kernow	£10,000	Families/parents	Early Years (0-4 years)	Cornwall-wide
CASSPLUS Cornwall	£10,000	Ex-offenders/offenders/people at risk of offending	Adults (26-65 years)	Cornwall-wide
Memory Matters CIC	£9,900	People living with a long-term health or life-limiting condition	Older People (66+ years)	St Austell
Gwealan Tops	£9,200	Children and young people	Children (5-12 years)	Redruth
BF Adventure	£9,000	Children and young people	Teenagers (13-18 years)	Falmouth, Penryn, Camborne, Pool, Redruth, Truro, Illogan
Kinsman and Treningle Tenants and Residents Association	£9,000	Local residents	Early Years (0-4 years)	Bodmin
City Life Church Truro	£9,000	Families/parents	Early Years (0-4 years)	Truro (including: Hendra, Malpas, Trelander Estate)
Merlin Centre	£9,000	People living with a long-term health or life-limiting condition	Adults (26-65 years)	Cornwall-wide



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Awenek Studio CIC	£9,000	Local residents	Adults (26-65 years)	Torpoint
Cascade Educational Theatre Company	£9,000	People living with mental health problems	Adults (26-65 years)	Camborne , Redruth, Pool and Illogan; Bodmin; Penzance.
Creative Curiosities SW	£9,000	Children and young people	Children (5-12 years)	Looe. Torpoint.
Real Ideas Organisation	£9,000	Families/parents	Young Adults (19-25 years)	Liskeard
Ro Dama Farm CIC	£9,000	Local residents	Teenagers (13-18 years)	Hayle/Camborne
Bosavern Community Enterprises Ltd	£8,300	Local residents	Adults (26-65 years)	West Penwith
Penhaligon's Friends	£7,700	Children and young people	Children (5-12 years)	Cornwall-wide
The Edward Hain Centre Ltd	£7,500	Local residents	Adults (26-65 years)	St Ives, Carbis Bay, Lelant, Hayle, and Halsetown.
The Old Bank, Camelford	£7,000	People living in poverty/disadvantage	Adults (26-65 years)	Camelford
WilderMe CIC	£6,900	People living with learning disabilities	Adults (26-65 years)	SE Cornwall
Lanivet Parish Sport and Recreational Trust	£6,000	People living with a long-term health or life-limiting condition	Adults (26-65 years)	Parish of Lanivet and surrounding area including Bodmin
Sundance	£6,000	Older people	Older People (66+ years)	Penzance, Pendeen & St Just.
The Core	£6,000	Children and young people	Teenagers (13-18 years)	Saltash
ReachOut Creative Futures	£5,400	Children and young people	Teenagers (13-18 years)	St Austell
ClayTAWC Ltd	£5,000	People living in poverty/disadvantage	Adults (26-65 years)	St Dennis and other surrounding China Clay villages
Make it Better (Mitber) CIC	£5,000	People living with mental health problems	Adults (26-65 years)	PL13,14,15 PL 22-31
Cornwall Breathers	£5,000	People living with a long-term health or life-limiting condition	Older People (66+ years)	Cornwall-wide
Artconnexion UK CIC	£5,000	Older people	Older People (66+ years)	Penzance and Newlyn; Camborne, Redruth, Pool and Illogan; Liskeard; Truro
Cornwall Life Recycle	£5,000	People living in poverty/disadvantage	Children (5-12 years)	Camborne, Redruth, Penzance, St Austell, the Clay Country
Wave House Church (formerly NCC)	£5,000	People living in poverty/disadvantage	Adults (26-65 years)	Newquay, Columb Major/Minor, Nansleden
Phillack PCC	£5,000	People living in poverty/disadvantage	Older People (66+years)	Hayle



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Nourish Kernow CIC	£5,000	Local residents	Adults (26-65 years)	Camelford and surrounds
Deviocock Activities Group	£5,000	Local residents	Older People (66+ years)	Deviocock Parish Council area & outlying villages
National Literacy Trust	£5,000	Families/parents	Adults (26-65 years)	Camborne and Redruth
Your Voice, Cornwall CIC	£5,000	People living with mental health problems	Adults (26-65 years)	Cornwall-wide
Active 8	£5,000	Children and young people	Teenagers (13-18 years)	Cornwall-wide
Cornwall Blind Association t/a iSight Cornwall	£5,000	Local residents	Adults (26-65 years)	Camborne, Redruth, St Austell, Newquay, Liskeard, Launceston, Camelford, Callington
Green Wave Cornwall CIC	£4,200	Local residents	Adults (26-65 years)	St Austell
Godolphin Cross Community Association	£1,000	Older people	Older People (66+ years)	Breage, Germoe, Sithney Parishes and wider area in rural West Cornwall



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