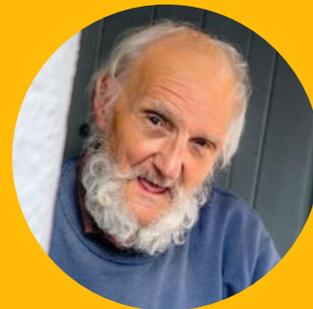




**Cornwall
Community
Foundation**

Positive change for one and all



Covid Report 2020

**90,000 beneficiaries
166 community groups
£1.3 million granted**



East Cornwall Search and Rescue Group.



Food delivery by Solomon Browne Hall, Mousehole.

Cornwall Community Foundation's aim is to change people's lives for the better by developing the strength of local communities.

We want a Cornwall free of poverty and social isolation. We look for non-profit, grassroots organisations and aid them financially by raising funds from individuals and businesses both inside and outside of Cornwall.

We work closely with our supporters to ensure that their donations reach the groups that make the greatest difference. The need for our services has been greater than ever in the global pandemic. Those who live in or love Cornwall have risen magnificently to the challenge and we are overwhelmed by your generous response. As a result, you have helped more than 90,000 people through 166 community groups who received a combined total of £1.3 million.

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As Patron of the Cornwall Community Foundation, I am enormously proud of how this remarkable charity has responded to the ongoing Coronavirus crisis. Despite facing unprecedented and unrelenting challenges, it has continued to support vital community work across Cornwall and the Isles of Scilly through a time of turmoil and uncertainty.

The isolation, rural landscape and coastal boundaries that make Cornwall so special, have also made it more vulnerable during the pandemic; Cornwall has been identified as at particular risk due to its dependence on the tourism sector, with many communities that rely on seasonal jobs suffering as a result.

During a visit to Treverbyn Community Hall last year, my husband and I were able to see first-hand the invaluable support the Foundation provides to community-based projects, and I applaud its unfaltering commitment to protecting vulnerable and isolated members of the community across this very special county.



HRH The Duchess of Cornwall visits community projects at Treverbyn Community Hall.



The Covid pandemic

The impact on Cornwall and how we responded

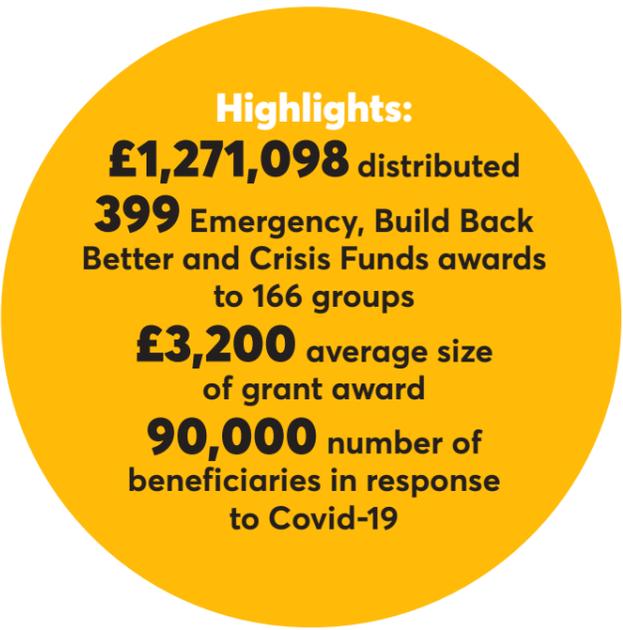
This small and rugged peninsula has weathered many a storm and our communities have learned how to prepare for them and deal with the aftermath. But the storm that hit us all in March 2020, the Covid pandemic, was one that no one could possibly be ready for.

Cornwall is one of the poorest counties in the UK and when Covid hit, it bit deep and hard into the heart of our towns and villages. In Cornwall, lockdown equals hardship, widespread hardship. Normally, April would mean an influx of visitors and the start of a busy season but last spring the beaches were empty, the towns deserted and all hotels, bars and restaurants were closed. As a result many, many families experienced financial deprivation and they had no option but to turn to their community for support.

Cornwall's wide range of community projects were needed more than ever and our experienced CCF team was well prepared to help them respond to the emerging crisis. Since 2003 the CCF has distributed funds during emergencies such as the 2004 Boscastle flood, the storms during 2014 and the Coverack flood in 2017. We know how to react fast and effectively to ensure that those who need help get it as quickly as possible. In 2020, we temporarily suspended non-priority grant awarding to enable us to focus on the emergency response,

and launched the Cornwall Emergency Appeal before lockdown started.

Our network of community groups needed urgent help, and the large amount of donations enabled us to respond immediately. From foodbanks and homeless shelters to medicine deliveries and bereavement services, our funding meant that these incredible groups could pull out all the stops to help everyone in their communities.



Emergency Fund

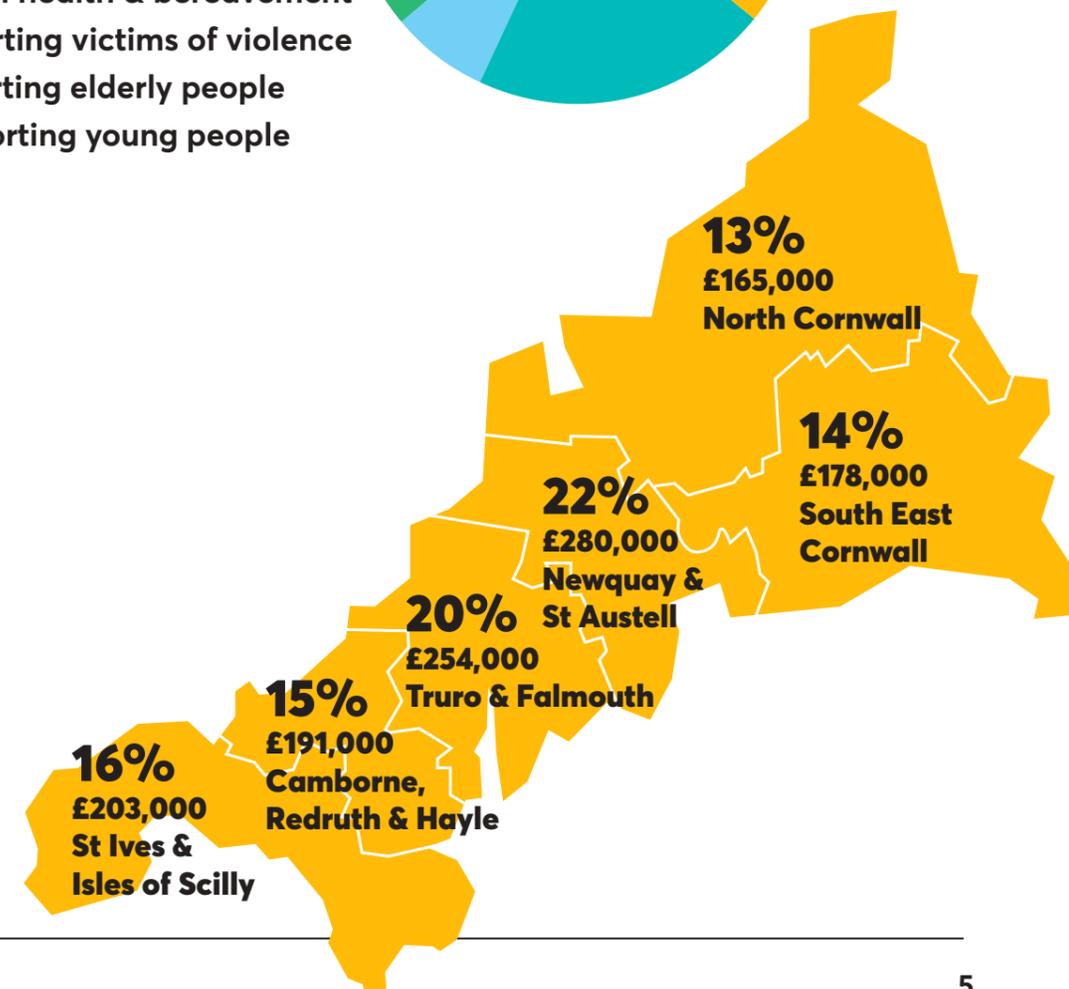
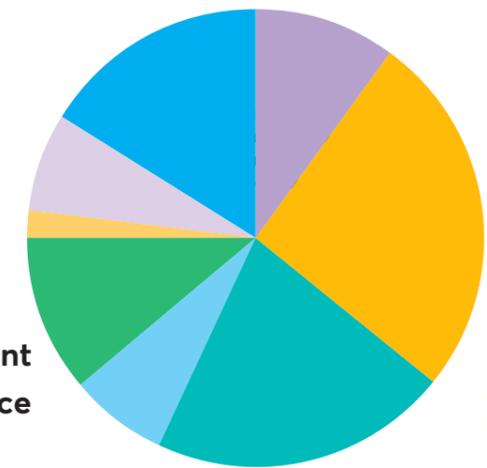
Community groups have faced rising and changing demand for their services. At the same time, their income has decreased, they have lost volunteers due to self-isolation and they have been forced to balance need against capacity. The CCF is well placed to address this scenario because of its experience in crisis funding.

Build Back Better Fund

Many local community groups and charities will need additional funding not just now but for the long term. In response to this we have launched the 'Build Back Better' appeal to help them get back on the road. Our CCF grants will enable groups in Cornwall and the Isles of Scilly to look beyond immediate crisis provision and develop community services for the future.

Community needs supported by Covid-19 response grants

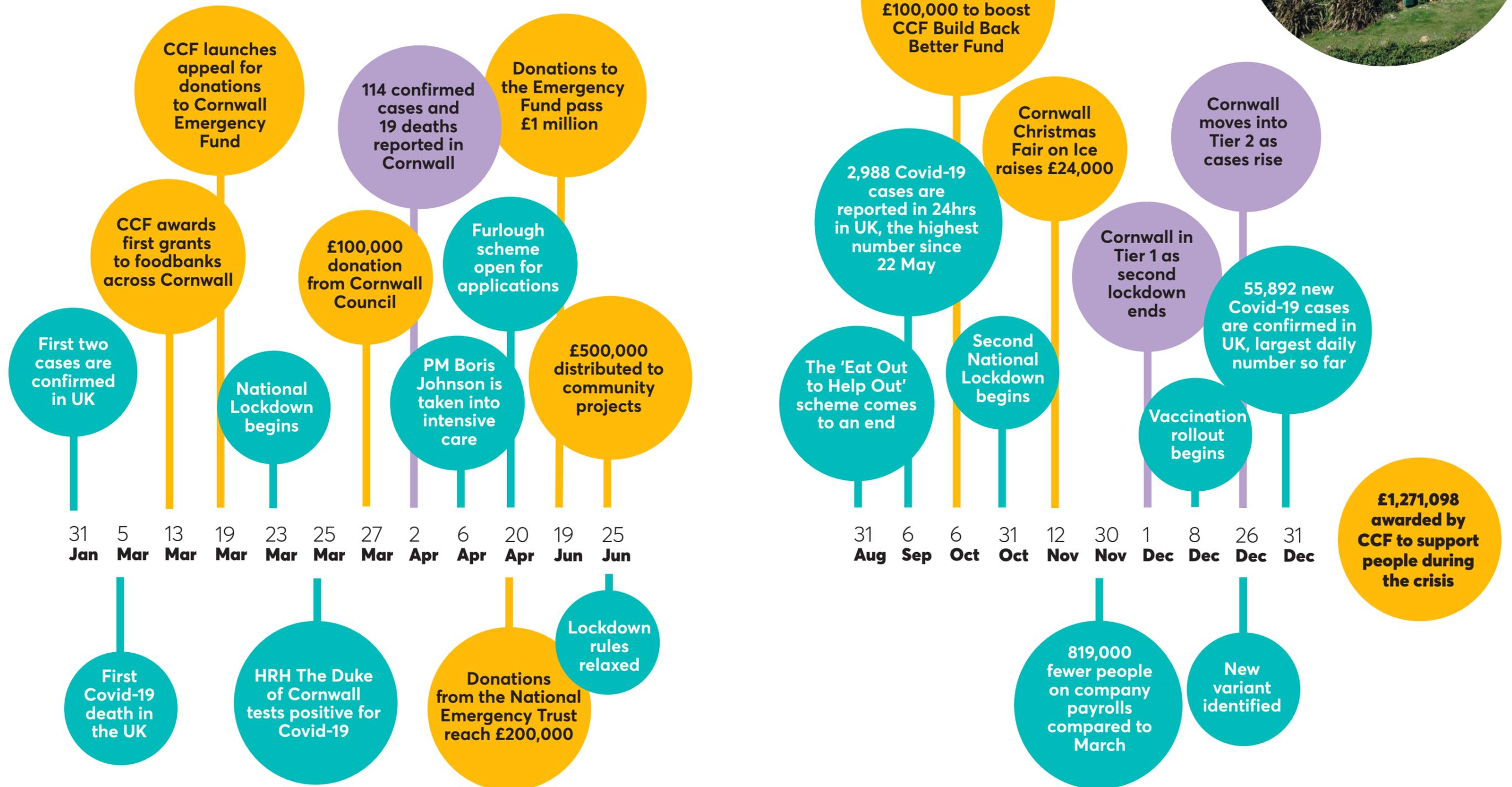
- 10% Homelessness
- 26% Community support
- 21% Foodbanks
- 7% Community kitchens
- 11% Mental health & bereavement
- 2% Supporting victims of violence
- 7% Supporting elderly people
- 16% Supporting young people



Timeline

At the beginning of March 2020 we contacted all the foodbanks and the 52 organisations in Cornwall who distribute money granted to them from our Crisis Fund. On 13 March 2020, 10 days before lockdown started, CCF started to distribute grants from its Emergency and Crisis Funds.

Groups supported by the Edward McDonald Trust on the Isles of Scilly



Covid grant survey

Facing the future, the research that informed our grant-making.

We wanted to understand how community groups had responded to the pandemic, how their future was likely to unfold and what their greatest needs would be.

In June 2020 we distributed online surveys and followed this up in September with guided, in-depth interviews. There was total commitment in these groups

to supporting people and Cornish communities. Whilst their response to the pandemic varied widely from expansion to temporary suspension of operations, it was their overwhelming intention across the board to get back on their feet and to provide help to those in need, that struck us deeply.

- Many organisations were offering a wide range of support services, some expanding provision since the crisis started.
- Many groups see a different way of operating in the future with some of the new practices becoming the new normal. For example, some services staying online permanently.
- Even as early as June it was clear to many community groups that they would be providing support to people struggling from the crisis long into the future.
- The groups who have received Emergency Funding expect their service provision directly related to the Covid crisis to continue much longer than we anticipated:
 - 24% = 1-9 months
 - 32% = 12 months
 - 15% = 24 months
 - 29% = more than 24 months.
- 87% of Emergency Fund recipients expect to have a core costs funding shortfall for Covid provision over the next 6 months. This is evenly spread from up to £5,000 to £30,000 - £50,000.
- In addition, 68% expect to have a funding shortfall for non-Covid provision.

In their own words:

"We believe we are resilient enough to survive but the longer this goes on the more vulnerable we may become."

"We have offered to help those self-isolating by doing their shopping, collecting medication, posting mail, providing books and puzzles, and being available for a chat by telephone. We intend continuing with this support to the elderly and vulnerable when the pandemic ends."

"We feel it will be difficult for people to want to come to places where there could be a crowd."

"We have currently lost all of our income from our charity shop; this income is used for all of our community programmes. Lack of this income and income from public donations is definitely a challenge as we have seen a steady increase in the demand for our services."

"We are very grateful for CCF's support. It has enabled us to adapt our services in the short term whilst we re-evaluate our future strategy."

It's been a tough year. Many lives, jobs and businesses have been lost.

One positive that can be taken from the crisis is the resilience, innovation, determination, and spirit of our communities.

We have nothing but admiration for those organisations who have worked tirelessly throughout the pandemic enabling hundreds of people to access vital services. Whether it was a food parcel left on the doorstep, a friendly voice on the end of a telephone, or digital connection, our support has been fundamental to those delivery organisations.

Volunteers at DISC Newquay.



Homelessness

The Drop in and Share Centre (DISC) Newquay

Newquay is renowned as a tourist destination with its expansive beaches and spectacular coastline. But behind that picture postcard image lie some of the most disadvantaged neighbourhoods in Cornwall where people suffer from persistent poverty and homelessness. This existing level of hardship was made worse by the pandemic. Recognising an emergency early in the lockdown, The Drop In And Share Centre (DISC), boosted their services to meet the increased demand including support for 65 homeless people from across Cornwall who had been temporarily housed in a nearby holiday park. They needed food, clothing and hygiene supplies.

Monique Collins, Manager of DISC, said,

"We provided the breakfasts, the dinners, the teas, the snacks. From toothpaste to deodorant, everything you would find in a normal home. And the biggest compliment we got was from one of the guys we helped who said to me, 'This is the first time in my life I've not been hungry. You've been such a godsend'."

Grants of £47,500 from the Emergency Fund have enabled DISC to feed, clothe and temporarily house people and provide more than 13,000 meals.



Tackling food poverty

Wadebridge Foodbank

The area covered by Wadebridge Foodbank has some of the most expensive houses in the UK. Yet the area also includes neighbourhoods within the 10% most deprived in the country and has some of the lowest average incomes. Many people depend on low wage, zero-hours contract jobs and are heavily impacted by the effects of Covid.

Wadebridge Foodbank is one of a network of fourteen foodbanks across Cornwall, all of whom have experienced a significant increase in demand for their services. The pandemic has drawn new people into hardship who would not have expected to have found themselves in that position.

Jacqui White MBE, Manager, Wadebridge Foodbank, gives an example, "We've had a lady in who is self-employed. She is a single mother, has two teenage children and worked for a business in London. That has closed down and she literally has no money left, so we are helping her."

In 2020 grants of £17,000 from the Emergency Fund and £1,500 from the Crisis Fund have enabled Wadebridge Foodbank to support over 2,000 people, distributing more than 32 tons of food, together with hygiene, household and baby items. In addition, they give out small sums of money to help people in fuel crisis.

Jacqui White MBE, Manager, Wadebridge Foodbank, said,

"We're getting many more new people in, including families. And more people who are usually working. We're finding that people are borrowing, putting things on credit cards and borrowing from their families. Eventually they get to the point when they can't borrow anymore."



Volunteers at Wadebridge Foodbank.



Community Centres in the heart of their local communities

The Peninsula Trust

Located in the rural Rame Peninsula, The Peninsula Trust opened its doors in 2014 and has been growing steadily since. By 2020, the Trust operated the Rame Centre community hub, open 6 days a week in Millbrook for one-to-one support, library facilities, a computer centre, a Post Office, meetings and much more. Before lockdown, they had 45 active volunteers.

When the pandemic hit and the scale of the crisis became evident, The Peninsula Trust was quick off the mark with their response. They pivoted their whole operation towards community support, combating the increasing sense of isolation for those already living in a secluded area. Incredibly, 118 local people came forward, helping with shopping/medication delivery, providing help with benefits, debt, housing, mental health and more as well as opening up a food bank to provide food parcels and deliver frozen meals to those in need.

Simon Ryan, General Manager of Peninsula Trust, stated,

"Our Trust has worked hard and well for those in need in our area. We have seen a massive outpouring of community spirit, with 118 new volunteers joining us since the pandemic started. We have had tremendous, critically important support from Cornwall Community Foundation, who have been constantly helpful, positive and fast to respond to our requests. We cannot thank the Foundation enough for making our work possible."



Peninsula Trust supporting their community.



Community Kitchens

Warm hearts providing warm meals – Hayle Community Kitchen

A locked down rugby club with a kitchen, a disability charity with committed staff and volunteers and a slice of Cornish ingenuity led to the creation of the pop-up Hayle Community Kitchen.

For fourteen weeks from the 23 March, a team from Disability Cornwall prepared and delivered hot and cold meals to people self-isolating in the community. With food and ingredients donated by local businesses, together with a grant of £7,500 from the CCF, the Hayle Community Kitchen team delivered 8,399 hot meals, 2,879 soups and 8,029 desserts.

And it wasn't just about the meals, it was also about looking out for vulnerable people. On one occasion a volunteer

delivery driver for the community kitchen found one of the people he was taking meals to seriously unwell and was able to call the emergency services.

Jane Johnson, Chief Executive of Disability Cornwall commented,

“We are so grateful for the funding CCF provided to run the Community Kitchen. As well as being a much-needed emergency response, it has gone a long way in helping us to continue engagement with and give support to some very vulnerable people.”



Volunteers at Hayle Community Kitchen.



Vital support for elderly people

Pengarth Day Centre

Since 1968 the Pengarth Day Centre has been providing a warm, caring day facility for the area's elderly, where they can come to sit, chat, enjoy organised activities and be provided with a nutritious lunch. With lockdown that provision instantly stalled. With nearly 30% of the town's population over 65 years of age, compared to 12% nationally, and almost 1,700 people over 80, it was clear from the start of lockdown that caring for older people would be vital in Penzance.

The Day Centre decided to re-direct their services to home deliveries. This meant expanding their existing service and delivering not only meals but also groceries and prescriptions.

Staff and volunteers also initiated befriending and welfare checks by phone and visits, provided activities at home, exercise programs, safe excursions, support for families looking after vulnerable people, support to access GP and other appointments, and access to devices so individuals could talk to their family members online. Grants of £21,000 from the Emergency Fund meant Pengarth could support their members throughout the pandemic.

Sharon Mitchell, Manager of Pengarth Day Centre says,

“We are extremely grateful for the funding that you have provided us - this is enabling us to continue to support the elderly and vulnerable in Penzance and the West Penwith area.”



Food delivery from Pengarth Day Centre.

Essential support for young people

Livewire Saltash

Livewire is an independent youth charity based in Saltash, offering support to disadvantaged young people through music and youth work, helping steer them through the challenges they face.

Operating from premises alongside the Tamar and below the Brunel railway bridge at Saltash, Livewire has a professional recording studio, a live music venue, rehearsal rooms as well as social and meeting facilities. The Livewire Youth project has been supported by many famous rock musicians and has inspired young people to develop careers in the music industry, including a young man who has become a professional live sound engineer working with bands across the world.

With the pandemic, however, face to face activities ceased with many of Livewire's young people becoming very isolated, sometimes in challenging circumstances. Recent research carried out by the Prince's Trust showed that one in four young people in the UK had felt unable to cope in the pandemic. Faced with this dilemma, Livewire approached the Foundation for a grant for equipment to be able to offer support online. Andy Rance, manager of Livewire, commented,

"With services all shutting their doors we felt it was imperative that young people can still connect and also get support through this difficult time".

Livewire received their grant of £3,000 from the Emergency Fund a week after lockdown, so they could be up and running quickly with their new services.



Music and youth work at Livewire Saltash.

Providing mental health and bereavement support

The Noah's Ark Project

The Noah's Ark Family Project provides animal and play assisted therapy for children and young people, a form of therapy proven to have a range of psychological and mental benefits. Based on a smallholding near Truro, the project supports children and families who have experienced trauma and also helps professionals working with children and families gain new skills in daily interaction and activities as therapy providers. A grant of £2,300 from the Emergency Fund meant Noah's Ark Family Project could provide their services to children remotely.

Rene Chorley, Chief Executive and Principal Therapist, explained,

"We arranged to send a parcel to each child each week. This would be sent to arrive just before our booked facetime call. We would then have activities to do and we could be assured that they would have everything they needed for the activity. This gave the children the excitement of receiving post and assisted in gaining confidence in each session. It worked extremely well and was enjoyed by each child. The families also enjoyed the hour respite, and many behaviours were eased when there was something to look forward to."

The funding was also used to provide internet access around the site so the children could still interact with the animals via remote video link. Rene Chorley added, "All I can say is 'thank you'. You have enabled us to do so much more, to go the extra mile for the families and individuals we work with."



Some of the residents at Noah's Ark Family Project.



Supporting victims of violence

The Women's Centre Cornwall

The Women's Centre Cornwall is a specialist provider of services for women and girls who have experienced any form of sexual violence and/or domestic abuse. Run by women, for women, they provide a safe, supportive environment in which women are both valued and respected, listened to and believed, empowering them to live the lives they want.

The £980 grant awarded from the Emergency Fund ensured essential equipment, phones and tablets, could be purchased so that Women's Centre Cornwall could continue their support for vulnerable women and girls. This included support and advice via a

helpline and support by email, text and social media. In addition, the Centre holds Crisis Funds to help women who have emergency financial needs. Women's Centre Cornwall provides support to approximately 1,500 women and girls annually, they are currently helping 190 participants with over 70 waiting for support.

"One of the major outcomes of our financial support from Cornwall Community Foundation was being able to provide laptops to a number of digitally excluded women with learning disabilities. Not only did this mean that they could continue to receive support, it also safely opened up their online worlds providing a much needed sense of community and connection during these difficult times."

Jackie May, Chief Executive.

Looking to the future

We are looking to the future with optimism. We will draw on our experience of working both with our community groups who are straining every sinew to help people who are struggling and our donors who enthusiastically provide support so that all Cornish people can flourish. Having responded to the crisis, the future for the Foundation means:

Our grants will be available for Cornwall and the Isles of Scilly for the long term

We are funding running costs as well as project costs

We are increasing the size and duration of our grants to provide certainty, and

Grants are being prioritised to meet the greatest needs.

Innovation is often a consequence of adversity. Many of the community groups we have supported throughout the crisis are changing how they will operate in the future. We are supporting them in that too.

All of this is only possible thanks to our generous individual and business donors who invest in endowed and immediate impact funds, generating the resources to change lives in Cornwall and the Isles of Scilly. Together we know we can create positive change for one and all.



A big thank you

We couldn't have done it without you

This has been without doubt an incredibly challenging time for everyone and we have been moved by the generosity of our supporters who have donated to help others in need even though they themselves may be experiencing difficulties. Half of the donations to our Emergency and Build Back Better Funds came from private donors and we are so grateful to them all. More than half of the donations came from outside of Cornwall from people who feel passionate about Cornwall and the Isles of Scilly.

Peter Harrison, donor and Chief Executive of Schroders, said:

"Covid-19 has a terrible impact on so many people. CCF's practical, on the ground, ability to offer help across the county has been incredibly important. Their campaign to raise the resources for this deserves all the funds it can get."

We couldn't have helped so many people in Cornwall without the following organisations:

The National Emergencies Trust

The Duke of Cornwall's Benevolent Fund

Cornwall Council

Police and Crime Commissioner for Devon and Cornwall

We are one of 46 Community Foundations, supported and quality accredited by UK Community Foundations.

Support the Build Back Better Fund

The impact of the Covid crisis on the lives of the people in Cornwall and the Isles of Scilly is far from over and our communities still need your support.

To donate online:

Visit our website: www.cornwallcommunityfoundation.com

To send a cheque:

Please make cheques payable to Cornwall Community Foundation and write 'CCF Build Back Better' on the reverse. Send your cheque in an envelope marked 'Freepost Cornwall Community Foundation' (no stamp, address or postcode is required).

Thank you for your support.



M&G CHARITY MULTI ASSET FUND

FOR THOSE WITH MORE TO CARE FOR

LET'S CREATE 

We understand that Community Foundations and other charities must balance their income requirements with the need to grow endowments and reserves over the long term. That's why M&G Charity Multi Asset Fund offers a diversified, multi-asset portfolio, built to target both long-term returns, and a strong regular income stream where this is required.

For information, please email charities@mandg.co.uk

The value and income from a fund's assets will go down as well as up. This will cause the value of your investment to fall as well as rise and you may get back less than you originally invested.

