



Cornwall  
Community  
Foundation

together  
we're  
stronger

# VitalSigns<sup>®</sup> 2018

## UPDATE

### Spotlight on young people - wellbeing and opportunity

Vital Signs identified key issues that impact negatively on young people.

- Many young people live in low income households. Wages are **23%** lower than the national average. There is significant in-work poverty in Cornwall.
- **99,235** people (**22%** of the working age population) are without a qualification. There are an additional **59,400** whose highest qualification is equivalent to a level 1.
- The level of deprivation has worsened in Cornwall since we published our Vital Signs report. Child poverty has increased to **27.7%** in one year.

Number of children in poverty has risen by **1% over one year**

2017: 

**27.7%**

2016:

**26.6%**

of children lived in poverty in Cornwall (after housing costs)

### Child poverty on your doorstep

1. Falmouth Penwerris	44.61%	8. Penzance Central	37.12%	15. Mullion & Grade-Ruan	34.71%
2. Camelford	40.38%	9. Bugle	36.97%	16. St Teath & St Breward	34.61%
3. Camborne Trelowarren	39.21%	10. Newquay Central	36.40%	17. Padstow	34.60%
4. Bodmin St Leonard	39.14%	11. St Stephen-In-Brannel	35.56%	18. Bude	34.46%
5. Newlyn & Mousehole	38.34%	12. Redruth North	35.18%	19. St Dennis & Nanpean	34.35%
6. Penzance East	37.95%	13. Looe East	34.85%	20. St Buryan	34.13%
7. St Just In Penwith	37.60%	14. Liskeard East	34.74%		

Source: Percentage of children in poverty after housing costs, July - Sept 2017 - Office of National Statistics

# We've been meeting people



From Penzance to Bude, Falmouth to Liskeard, we have been listening to people tell us first-hand about local projects. Our grants team hosted drop-in advice sessions in Cornwall's most deprived neighbourhoods. Out of the 60 groups attending 34 had not applied to the Cornwall Community Foundation previously.

The drop-in sessions were generously supported by the Tanner Trust and Cornwall Glass.



## Vital Grants



Inspired by the need to support young people identified by the Vital Signs research, donors have responded to make more than **£200,000** available to improve the life chances of young people in Cornwall.

**The Trewithen Fund** supports projects enabling volunteers to assist young people to raise their aspirations through learning, teaching and mentoring.

Sam Galsworthy, founder of The Trewithen Fund:

*“Reading Vital Signs made it hit home how difficult the situation is for many communities in Cornwall. The report inspired me to help young people with mentoring. We are keen to help disadvantaged individuals to reach their full potential.”*

**The Worval Foundation** helps provide opportunities for young people who are on the edge of exclusion from school. Grants are awarded to reduce social isolation, improve health and wellbeing, life skills, resilience and coping mechanisms.

Shelly Tregoning from The Worval Foundation:

*“There are many young people in Cornwall facing considerable challenges. They show great resilience and we just want to recognise that by offering them a helping hand if we can.”*

**The Karenza Fund** helps projects to improve care and enhance education for children and young people with special needs or disability.

**#iwill campaign** supports projects which engage young people in volunteering and other activities that benefit their communities and develop new skills.

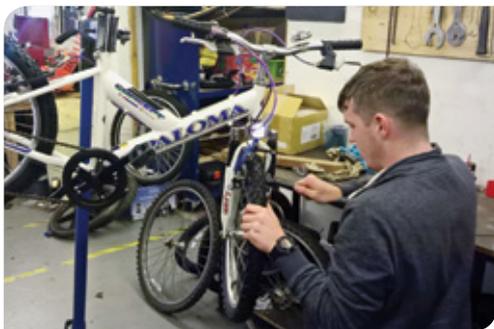
**The Cornwall Glass Fund** has awarded grants to 20 community groups supporting young people during this year. This initiative was part of the Cornwall Glass Fund's 2018 grant awarding to mark the company's 40 years in business.

**The Mental Health Fund for Children and Young People** supports young people struggling with mental health challenges in Cornwall.

**The Duke of Cornwall's Benevolent Fund** helps young carers who look after a relative or friend who has a disability, illness, mental health condition or substance abuse problem. The Fund has also supported foodbanks in providing access to computers and volunteers to help people with their Universal Credit applications. Young people are also supported through crisis funding.

# Vital Initiatives - examples

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**Cornwall Life Recycle**, based in Camborne, received **£1,500** from our Business Club. People donate old bicycles they no longer need and the project then works on those bikes with individual participants on a one-to-one basis. The young person in need is introduced to a volunteer who shares the skills needed to rebuild a bicycle. Once the bicycle is rebuilt and safety checked, the student is allowed to take it home. This means they have transport of their own to maintain and use.

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**SPARC Sport Ltd** (SPARC) was awarded **£2,250** to support weekly sport and physical activity sessions for young people aged from 18-25 from Penzance and Camborne who are affected by various mental health conditions. In addition to weekly sports sessions, every four weeks SPARC combined the Camborne and Penzance groups and delivered activities to increase social cohesion. SPARC also provided the opportunity to further develop the participants' confidence and act as volunteer coaches.

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**Work Skills South West**, based near Callington, provides activity based therapies to disadvantaged individuals who have fallen outside traditional forms of education, training or adult care activities. Their CCF funded programmes combine a range of green space activities, animal, eco and adventure therapies with practical experience gained through volunteering on a range of community projects aimed at all levels of ability.

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Photo is shared by CHL and Eccabi from Smart Tenants project

**SMART Tenants** helps vulnerable social housing tenants in Cornwall to stabilise their financial situation and prepare them for employment and job search. A participant said, "I have been doing the Money Box course and have learnt so much about budgeting, debt, how to sort out debt problems, what are priority and non-priority debts and about Universal Credit." The success of this CCF supported pilot project enabled SMART Tenants to secure **£1.5million** EU funding to roll out the project across Cornwall delivered with Liverty, Cornwall Housing, Ocean Housing, Coastline Housing and Wadebridge & Bodmin Foodbank.

# Looking Ahead

We know that without the Cornwall Community Foundation, life for young people in Cornwall would be even tougher.

Our Vital Signs update shows that we still have a long way to go in improving the lives of young people. We are pleased to work with a range of partner organisations to address the complex issue of deprivation.

## Apply for funding

You can find available funding and apply on our website

## You Can Help

You can help us support projects that make a real difference in our communities

[www.cornwallcommunityfoundation.com](http://www.cornwallcommunityfoundation.com)

## Join the conversation

Let us know what you think about Vital Signs and how you could help

## Visit the Vital Signs Webpage

For the full Vital Signs report visit our website

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**Cornwall Community Foundation**

Suite 1, Sheers Barton, Lawhitton  
Launceston, Cornwall PL15 9NJ

**01566 779333**

[office@cornwallfoundation.com](mailto:office@cornwallfoundation.com)  
[www.cornwallfoundation.com](http://www.cornwallfoundation.com)

**We welcome your feedback  
- tell us what you think**

Do you agree with the priorities we have identified?  
What are the areas in which you think community philanthropy should be investing?

We are very grateful to James Williams DL, Trustee of the Cornwall Community Foundation, for his generous donation to support our Vital Signs report. Thank you to UK Community Foundations and The Goldsmiths' Company for their grant that enabled us to participate in the research.

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